

Ethical Fitness®Seminar

The Ethical Fitness®Seminar from the Institute for Global Ethics will provide you with the tools and confidence required to resolve tough, values-based dilemmas. Thousands of individuals—from corporations, the government, schools, nonprofits, and the military—are using the Institute's dynamic decision-making model to improve the way they live and do business.

We assume that there are fundamental, shared values that can be discovered and applied. We also assume that individuals and corporations are capable of developing what we call Ethical Fitness®, which is akin to physical fitness, keeping you in mental and moral shape to recognize and address ethical dilemmas. You will leave our seminar equipped to confront issues that face you every day. This thought process may radically change your future responses to ethical challenges.

LEARNING OBJECTIVES

- To demonstrate that sound ethics is essential for survival
- To provide practical experience in negotiating shared values
- To provide language and experience for the analysis of ethical issues
- To provide practical tools for resolving difficult dilemmas

ADDITIONAL INFORMATION

- Registration fee: \$295–\$395
- Registration fee includes seminar, preparation materials, continental breakfast, buffet lunch, and one-year individual membership to the Institute.
- Each seminar will run 1-1½ days. To request a schedule or registration form, please contact us at 800-729-2615 or events@globalethics.org.

SESSION SUMMARIES

1. **Becoming Ethically Aware**
 First you'll explore and evaluate the current ethical climate in the United States and the world. In this energetic, wide-ranging introduction, ethics is defined and the arguments of ethical relativism are confronted.
2. **Defining Values**
 Next you're ready to identify, test, and rank shared values through participation in a series of interactive group exercises.
3. **Analyzing Ethics**
 Then, using real-life situations provided by you and your fellow participants, you'll articulate the fundamental values involved in each circumstance and identify the ethical choices according to four dilemma paradigms.
4. **Resolving Dilemmas**
 Finally, you'll learn ways to resolve these real-life situations using practical resolution principles that can help you in all areas of your everyday life.

The Institute for Global Ethics is a nonprofit, nonsectarian, nonpartisan membership organization founded in 1990 and dedicated to promoting Ethical Fitness® through public discourse and practical action in a global context. We see our task as responding to the growing need for sharpening decision-making skills, identifying standards of ethics, and bringing values to light. We don't dictate what those values should be. Instead, we try to discover what they actually are—and to promote their discussion and application in ways that are non-threatening, inclusive, and conflict-resolving. *Ethical Fitness® is a registered trademark of the Institute for Global Ethics.*